

# LUNCH DINNER



## SALADS & BOWLS

### Bowl for the Soul

**Protein Choice:** Grilled chicken fajitas, carnitas, or shredded beef. \$17.97  
**Upgrade to:** Picanha \$25.97

Served on a bed of mixed greens, topped with brown rice-quinoa, black beans, cherry tomatoes, pico de gallo, guacamole, and balsamic dressing on the side.



### Calentao\*

**Protein Choice:** Chicken fajitas, carnitas, shredded beef. \$16.50

A mix of brown rice-quinoa, sweet plantains, and black beans. Topped with an over-easy egg. Served with sliced avocado and cherry tomatoes on the side.



### Protein Salad

**Protein Choice:**  
 Chicken fajitas \$17.94 | Picanha \$24.97

Mixed greens, poblano corn, shredded carrots, cherry tomatoes, sliced avocado, and hemp seeds. Served with garlic-cilantro lime dressing on the side.



## PRESSED SUBS

Choose between mixed greens or potato chips.

**Upgrade to:** Plantain strips \$1

### Cuban

Carnitas, ham, cheese blend, pickles, mustard, and mayonnaise. \$17.41

### Pesto Chicken

Grilled chicken fajitas, pesto-basil sauce, tomato, and mozzarella cheese. \$17.41



**Note:** Our Mixed Green Salad contains gluten and is not suitable for gluten-free diets. If you have a gluten intolerance or sensitivity, please let our cashiers know. We would recommend opting for potato chips or plantain strips.

## AREPAS

Choose between mixed greens or potato chips.

**Upgrade to:** Plantain strips \$1

### Steak

Filled with picanha, queso de freír, tomato, and guacamole. \$23.47

### Caribbean

Filled with shredded beef, sweet plantain, black beans, and sliced avocado. \$17.97


### Chicken and Avocado


Filled with shredded chicken, avocado, and mayonnaise. \$17.97

### Veggie

Filled with queso de freír, tomato, and sliced avocado. \$17.97



 Allergy Advice: This product contains peanuts and may contain traces of other nuts and seeds.

 Gluten-free

 Vegan

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.