

All Day BREAKFAST MENU



SWEET TREATS

Sweet Toast

Two slices of toasted multigrain bread with your choice of Nutella®, peanut butter, or almond butter spread. Topped with fresh banana, strawberries, and blueberries, finished with powdered sugar, and served with pure maple syrup on the side. \$13.47



Power Protein Pancakes

Two protein-packed pancakes (30g) topped with vanilla Greek yogurt and mixed berries. \$15.94



Blueberry Protein Pancakes

Two pancakes filled with blueberries and 20g of protein topped with powdered sugar and blueberries. Served with pure maple syrup on the side. \$14.27



Yuca Waffle

Topped with banana and mixed berries. Served with powdered sugar, pure maple syrup, and whipped cream on the side. \$14.94



Banana Berry Oatmeal

Warm quick oats mixed with mashed banana and almond milk. Topped with mixed berries, hemp seeds, and your choice of Nutella®, peanut butter, or almond butter spread. \$12.67
Add Protein: Vegan Chocolate or Vanilla Whey \$2



Vanilla Yogurt Parfait

Vanilla Greek yogurt, granola, strawberries, blueberries, and mixed berry jam. \$12.39



SAVORY DISHES

Prime Steak & Eggs*

6oz picanha steak served with three over-medium eggs and roasted potatoes on the side. \$21.73



Avocado Toast

Toasted multigrain bread topped with a mashed avocado and pico de gallo. \$9.54
Add: Three eggs, served your way. \$13.27



The Works Omelet

Three-egg omelet filled with bacon, ham, red pepper, red onions, and a cheese blend. Served with your choice of roasted potatoes, multigrain toast, or house salad on the side. \$15.94



Veggie Omelet

Three-egg omelet filled with mushrooms, red onions, zucchini, and a cheese blend. Served with your choice of roasted potatoes, multigrain toast, or house salad on the side. \$15.94

Caprese Omelet

Three-egg omelet filled with pesto-basil sauce, fresh tomatoes, and mozzarella cheese. Served with your choice of roasted potatoes, multigrain toast, or house salad on the side. \$15.94

SMOOTHIE BOWLS

Açaí

Açaí topped with chia pudding, granola, banana, mixed berries, and your choice of Nutella®, peanut butter, or almond butter spread. \$14.97



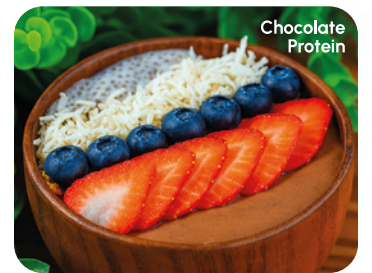
Açaí-Berry Protein

Açaí, banana, mixed berries, and vanilla whey protein. Topped with chia pudding, granola, blueberries, strawberries, and your choice of Nutella®, peanut butter, or almond butter spread. \$15.97



Chocolate Protein

Banana, strawberries, vegan chocolate protein, cacao, almond milk, and peanut butter. Topped with chia pudding, granola, coconut flakes, blueberries, and strawberries. \$14.97



Breakfast Platter*

Two eggs served your way, two bacon strips, roasted potatoes, and multigrain toast on the side. \$10.87

Replace Toast: Add half yuca waffle \$2



Breakfast Sandwich*

Choose one:

- Ham and cheese
- Ham, egg, and cheese
- Bacon, egg, and cheese
- Bacon, egg whites, and avocado

Choice of Bread:

Everything bagel, ciabatta roll, or butter croissant. \$10.44

*Upgrade to: Arepa \$2



Veggie Breakfast Sandwich

Pressed multigrain bread, grilled veggie burger, spring mix, tomato, red onion, and guacamole. (16g of plant-based protein). \$11.79



BLTE Yuca Waffle Sandwich*

Filled with bacon, lettuce, tomato, garlic aioli, and two over-easy eggs. Topped with grilled mozzarella cheese, sliced avocado, and hemp seeds on the side. \$17.94

Allergy Advice: This product contains peanuts and may contain traces of other nuts and seeds.

Gluten-free

Vegan

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase the risk of foodborne illness, especially if you have certain medical conditions.